Dear Peter,

I would like to Thank You for giving me the opportunity to go to Beginnings. I had a lot of fun and met a lot of new people. I now have more confidence in myself than I ever have before. Personally I thought the food was really good especially the veggie burgers. All my classes were so fun and I really enjoyed my coach Mark Weston, he taught me so much. I loved eating so healthy and I am continuing to eat that way, as much as possible. I am glad that I got the opportunity to meet such nice people. I was very nervous in the beginning because I had never really been away from home, but all girls and the chaperones made me feel just like I was at home. Thank You for making this a memorable experience and giving me this opportunity.

Love,
Emmi