

**From:** Wren Gilbert <coolgirl88@aol.com>

**To:** Peter Sklar <petersklar@aol.com>

**Subject:** Re: Thank you

**Date:** Mon, Aug 17, 2015 1:56 pm

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Dear Peter,

Over the duration of this past week, I have been trying to transform my feelings about Beginnings into words. Time and time again, family and friends badgered me for details on my experience asking, "How was it?" and I always felt that I was cheating them out of a deal. How can one summarize this workshop in one word? What word captures the intensity of the classes, the incredible insight from outstanding professionals such as yourself, and the way the teaching broke down the walls that were holding me back from being my most authentic self. I'm not sure I will settle for a singular word. Maybe the phrase, "life changing", because that phrase resonates with me. This experience changed all of my previous thoughts and feelings about performance. This workshop was such a wonderful, refreshing reminder of the talent, support, and passion for performance that this business can hold. I now know the rigor it takes to be a successful, healthy, happy individual. And for all of that, I owe you a thousand thanks. Thank you for seeing a spark inside of me. Thank you for providing me with opportunity to take part of this workshop. Thank you for changing my life.

Sincerely,  
Wren Gilbert

P.S. (Is it possible to access the contact information for Joseph, Kevin, Ben, Marta, Lee, Victoria, chaperones Jessica and Elizabeth? I want to thank them all individually for their terrific teaching/supervising.)

Darya Wren Gilbert  
AHS Senior

"Life is to be lived, not controlled; and humanity is won by continuing to play in face of certain defeat." -- Ralph Ellison 1952